Help Control Aedes Mosquitoes that Spread:

ZIKA, DENGUE & CHIKUNGUNYA

Protect Yourself, Your Family and Community from Mosquitoes

1. **ELIMINATE STANDING WATER IN AND AROUND YOUR HOME**
   - **ONCE A WEEK:** Empty & scrub, turn over, cover, or throw out items that hold water.
   - Tightly cover all water storage containers, containers without lids, use wire mesh with holes smaller than an adult mosquito.

2. **FIX SEPTIC TANK AND PLUMBING PIPES:**
   - Repair cracks or gaps to septic tank and
   - Cover open vent or plumbing pipes.

3. **KEEP MOSQUITOES OUT OF YOUR HOME:**
   - Use screens on windows and doors,
   - Repair holes in screens,
   - Use air conditioning when available.

4. **PREVENT MOSQUITO BITES:**
   - Wear long sleeved shirts and long pants
   - Use mosquito repellent on exposed skin including:
     - DEET, Picaridin, also known as KBR 3023, Bayrepel, and icaridin, IR3535 and Oil of lemon eucalyptus (OLE) or para-methane-diol (PMD)

FOR MORE INFORMATION CONTACT: Nutrition & Health Promotion Unit · Tel: (264)497-3763/2540 or the Environmental Health Unit · Tel: (264)497-2631