



# 63<sup>rd</sup> ANNUAL

## CARPHA Health Research Conference

June 14<sup>th</sup> – 16<sup>th</sup>, 2018  
St. Kitts and Nevis

# Call FOR Papers

DEADLINE  
For Receipt of Papers  
**January 22<sup>nd</sup> 2018**

***Theme:***

***'Sustainable Health Systems for Economic  
Growth, Development and Wealth'***

## **CALL FOR PAPERS**

The 63<sup>rd</sup> Annual CARPHA Health Research Conference will be held from June 14<sup>th</sup> to June 16<sup>th</sup>, 2018 at the St. Kitts Marriott Resort & The Royal Beach Casino, St. Kitts and Nevis.

The theme for 2018 is ***'Sustainable Health Systems for Economic Growth, Development and Wealth'*** however, we will also accept quality research papers in all priority health areas (e.g. NCD, HIV, Health Systems, etc.) Sustainable Health Systems for Economic Growth, Development and Wealth comprises topics such as: Health Insurance systems, health financing in SIDS, health as a human right - the financial implementations, cost of prevention vs cure, cost of natural disasters on health and development, cost of poor health on economic development and cost of NCDs on development.

### **Selection of Papers**

Papers are selected based on scientific merit and relevance to the [health priorities areas of the Caribbean](#).

As a guide, **Poster** presentations are preferable for papers that contain large amounts of data, deal with particular techniques, report highly specialized work, 'research in progress' and 'programmes being implemented'.

Authors whose papers are accepted, but who do not present **will not** have their papers considered for the next two years unless they have a good reason, such as:

- acute illness
- loss or bereavement
- hardship or trauma

### **Prizes**

**The David Picou Young Researcher Prize** is awarded for the best paper presented by a Caribbean investigator who is not yet an established researcher.

The criteria for being considered is as follows:

- **Age:** 40 years or less
- **Qualifications:** At least a 1<sup>st</sup> degree, including a medical degree
- **Work experience:** Working in a health-related environment in a position considered junior; e.g. below senior lecturer/consultant grade
- **Nationality:** must be a Caribbean national; may be based in an institution abroad

***(Persons who wish to be considered for the David Picou prize are to send a letter clearly answering the above questions.)***

**Student Prize** will be awarded to the best paper presented by a student/student group.

***(Persons who wish to be considered for the Student prizes should indicate such in the transmittal letter).***

**Poster Prize** is awarded for the best poster.

## **Instructions to Authors**

### ***Manuscripts***

The length of the manuscript should be:

**Oral Presentations: 6 Pages Maximum**, inclusive of Introduction, Methods, Results, Discussion, References and any Tables and/or Figures.

**Poster Presentations: 6 Pages Maximum**, inclusive of Introduction, Methods, Results (to date), Discussion, References and any Tables and/or Figures.

**Layout – Letter size, Portrait orientation, Single columned, Black font colour, 12 pts font, single line spacing**

**Papers that exceed these limits will not be considered.**

### **The Abstract**

Your abstract (from Objectives to Conclusion) must be no more than 250 WORDS and must be formatted as follows:

- 1) **Title:** In bold type. No abbreviations.
- 2) **Authors:** Begin on a new line two spaces below title. Use italics. List initials of first names followed by surnames. Do not use full stops after initials. Omit degrees, titles and numbers.
- 3) **Institution:** Begin on a new line below Authors. Use italics. List institute(s) where work originated, city and country.
- 4) **Email Address:** Include in the next line.
- 5) **Text:** Arrange under the following headings:
  - i. **Objective:** State the main objective/research question/hypothesis of the study.
    - ii. **Design and Methods:** Briefly describe the design of the study and how it was conducted indicating study population, sampling, procedures, measurements.
    - iii. **Results:** present only the main results with an indication of variability (e.g. SD) and precision of comparisons (e.g. 95% confidence intervals), where appropriate.
    - iv. **Conclusions:** Limit to only those directly supported by the results. Be as clear and specific as possible about the “take home” messages.

**Abstracts alone will not be considered. Strict adherence to the above criteria**

**was put into effect November 2016. Abstracts that do not meet the above criteria will not be considered.**

**Deadline for receipt of Manuscripts and Abstracts is 08<sup>th</sup> January 2018.**

### **Transmittal Letter**

This implies that all authors have approved the publication of the abstract, edited if necessary, in a Supplement of the West Indian Medical Journal. All authors must sign the transmittal letter. Manuscripts will not be published in the West Indian Medical Journal. The email, mailing address and contact number of the corresponding author MUST be included.

**All submissions must include a transmittal letter.**

### **Submission**

**Email Manuscript, Abstract and Transmittal letter to: [conference@carpha.org](mailto:conference@carpha.org)**

Receipt of submissions will be acknowledged. If you do not receive acknowledgement within three (3) days of submission, please contact the Conference Secretariat at [conference@carpha.org](mailto:conference@carpha.org)

### **Contact us**

If you need additional information or any clarification, please contact us at:

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### **SAMPLE ABSTRACT**

#### **Risk behaviours and adolescent depression in Jamaica**

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**Objective:** To assess the prevalence of depression and the associated risk factors in Jamaican youth 15-19 years.

**Design and Methods:** A nationally represented sample of 1317 youth aged 15-19 years was surveyed using multistage cluster sampling. Risk behaviours such as sexual activity, alcohol and marijuana use were obtained by interviewer administered questionnaire; depression was assessed using the Ministry of Health screening tool. Multivariate logistic regression was used to obtain the odds of depression for any given risk factor.

**Results:** Data on 1312 respondents was used for analysis (M 596, F 716), 15.5% of the youth recruited were classified as depressed (M 9.7%, F 21.3%,  $p < 0.001$ ). Approximately 12.5% had planned, considered or attempted suicide in the past year. More than half of youth had unsafe sexual practices (M 68.2%, F 48.7%,  $P < 0.001$ ). One fifth was involved in violent acts (M 27.2%, F 12.5%  $P < 0.001$ ) or substance abuse (M 22.6%, F 17.4%,  $p = 0.008$ ). Unsafe sexual practices and substance abuse doubled the likelihood of being depressed (OR 1.76 (95%CI 1.21, 2.54) and 2.31(95%CI1.67, 3.21) respectively). Youth who were involved in violence were three times more likely to be depressed (OR 2.77 (95%CI 1.90, 4.04)). Gender specific multivariable models showed that pregnancy and violence increased the likelihood for depression in males whilst violence, drunkenness, smoking and more than one sexual partner were significant for females.

**Conclusion:** Youth who engage in high risk behaviours are at increased odds for depression. Programmes to involve youth in positive behaviours should be given priority in order to reduce the prevalence of depression.