GLOBALLY

18,354,533 confirmed cases

CARIBBEAN

118,486 confirmed cases
33 countries, territories or areas
57,921 recovered
1,918 deaths

REST OF THE WORLD
(excluding the Caribbean)

18,236,067 confirmed cases
182 countries, territories or areas
11,117,880 recovered
694,230 deaths

CARPHA MEMBER STATES (CMS)

13,102 confirmed cases

As of August 4 2020, CARPHA Medical Microbiology Laboratory (CMML) has reported 457 positive unique cases of COVID-19 from CMS.
Recent CARPHA Products

Interim Guidance for Retail Sector during the COVID-19 Pandemic in the Caribbean and its associated infographic

Videos

Media

Public Education Resources

Caribbean Countries that have issued Travel Advisories due to COVID-19

Caribbean Countries Reopening Plans/Initiatives Post COVID-19

Infographic- Reducing the Risk of COVID-19 while voting
The Caribbean Public Health Agency (CARPHA) as part of its mandate in leading the regional health response to COVID-19, has developed the guidelines, "Health and Border Considerations to Reestablish Travel in the CARICOM Region."

CARPHA recommends that countries adopt a common protocol for reopening, and work alongside the Regional Coordinating Mechanism for Health Security (RCM-HS) to strengthen health security and strategically position the CARICOM Region to successfully exit the COVID-19 lockdown, reopen borders and resume travel.

World Breastfeeding Week

In recognition of World Breastfeeding Week, the Chronic Disease and Injury Department, in collaboration with the Communications Department, released “World Breastfeeding Week 2020: Support Breastfeeding for a Healthier Planet” which addresses breastfeeding during the COVID-19 pandemic and reminds mothers of the guidelines to follow to protect their babies.
**COVID-19 Definitions**

**Imported Cases**
- Exposed to COVID-19 abroad
- Developed symptoms in home country
- Tested positive for COVID-19

*E.g. Daughter returning from university abroad*

**Community Spread**
- Persons in the community developed symptoms and tested positive
- No travel history or contact with an imported case or confirmed COVID-19 case
- Source of, or link to infection is unknown

**Local Spread/Secondary Cases**
- No travel history
- Exposed to imported case
- Developed symptoms and tested positive for COVID-19
- Able to identify source of, or link to infection

*E.g. Brother of the girl who returned from university abroad*
When a person coughs, sneezes, sings, talks tiny droplets containing the disease float in the air...

When the droplets from the air enter the body via nose, mouth or eyes...or when a person touches a surface that has droplets and then touches their mouth, nose or eyes these droplets land on surfaces, such as desks and door handles. Another person is infected.
Symptoms of COVID-19

- Fever
- Cough (Both dry and productive)
- Shortness of breath
- Fatigue
- Muscle pain

**ATYPICAL**

Older adults and persons with medical conditions may have delayed presentation of fever and respiratory symptoms.
Severity of COVID-19

MILD to MODERATE:
Patients present with mild symptoms up to mild pneumonia

SEVERE:
Patients have severe difficulty breathing, low oxygen levels and >50% lung involvement on imaging

CRITICAL:
Patients can have respiratory failure, shock and multi-organ system dysfunction

Mild to Moderate (81%)
Severe (14%)
Critical (5%)
Prevention of COVID-19

- **Wash your hands** often and carefully with soap and water or **clean** with an alcohol-based hand rub with 60-80% alcohol content (ethanol or isopropanol).

- **Cough or sneeze into your elbow** or sleeve if tissue is not available.

- **Keep at least 2 metres (6 feet)** away from persons that do not live in your household.

- **If you have fever, cough and difficulty breathing**, **seek medical attention early and share previous travel history**.

- **If you develop symptoms**, **stay home**. Avoid public transport and public spaces. Seek medical care.

- **Use face masks** when applicable, e.g. when visiting the grocery or market.
Physical Distancing

Social Distancing means Physical Distancing in Public Spaces

- Limit face to face contact with persons outside of your household in order to stop or slow down the spread of COVID-19 in the community
- Keep a distance of 6 feet or 2 metres from persons who do not live in your household
- Remain physically and socially connected to family and loved ones that live in your household
- Connect virtually with friends and loved ones outside of the household
For more information on CARPHA’s recent activities and guidelines on COVID-19, please access Situation Report 79 - August 5 2020 by clicking here.

Stay updated with the Caribbean Public Health Agency. Follow us on our social media platforms!

@carpha1  @carpha1  @CARPHA1  @(CARPHA)  @CARPHACampus

Be sure to visit www.carpha.org for more information on COVID-19, including all technical guidance documents.
Instructions for Sharing:

- Go to the Communication materials on CARPHA's website.
- Click on the infographic you want to share. You should now be able to see the PDF document of the infographic online on your phone.
- On the bottom pane, select the share button (looks like a box with an arrow pointing upwards).
- Select Whatsapp or whichever option you prefer.

Instructions for Printing:

- Download SitRep Infographic.
- Open on Adobe Reader.
- Click on File (on the bar at the top of the page).
- Select Print from the the drop down menu.
- When the Print page comes up, select Fit under the Page Handling and Sizing section.
- Then, click Print.

Please feel free to share these messages!