As of August 11 2020, CARPHA Medical Microbiology Laboratory has received 13,470 samples from 16 CMS, 824 (6.3%) of which have tested positive since the start of the outbreak.
Recent CARPHA Products

Regional COVID-19 Public Health Considerations for Reopening of Borders and Resuming Travel in the CARICOM Region

Infographic - Reducing the Risk of COVID-19 while voting

Interim Guidance for Individuals and Organisations involved with Sex Work During the COVID-19 Pandemic and its associated infographic

Public Education Resources

Media

Videos
The Caribbean Regulatory System Responds to COVID-19

CARPHA’s Caribbean Regulatory System (CRS) is a regional mechanism that supports the regulation of medical products by recommending quality-assured medical products for market authorisation, and by supporting regional pharmacovigilance and post-market surveillance.

The CRS also provides educational webinars and regulatory updates on COVID-19 therapies via its monthly newsletter, and contributes to weekly technical updates on COVID-19 treatments led by the Medicines Quality Control and Surveillance Department.
COVID-19 Definitions

Imported Cases
- Exposed to COVID-19 abroad
- Developed symptoms in home country
- Tested positive for COVID-19
  
  *E.g. Daughter returning from university abroad*

Community Spread
- Persons in the community developed symptoms and tested positive
- No travel history or contact with an imported case or confirmed COVID-19 case
- Source of, or link to infection is unknown

Local Spread/Secondary Cases
- No travel history
- Exposed to imported case
- Developed symptoms and tested positive for COVID-19
- Able to identify source of, or link to infection

  *E.g. Brother of the girl who returned from university abroad*
When a person coughs, sneezes, sings, talks, tiny droplets containing the disease float in the air...

- when the droplets from the air enter the body via nose, mouth or eyes...or when a person touches a surface that has droplets and then touches their mouth, nose or eyes

These droplets land on surfaces, such as desks and door handles.

Another person is infected.
Symptoms of COVID-19

Fever

Fever

Cough (Both dry and productive)

Muscle pain

Fatigue

Shortness of breath

ATYPICAL

Older adults and persons with medical conditions may have delayed presentation of fever and respiratory symptoms
Severity of COVID-19

**MILD to MODERATE:**
Patients present with mild symptoms up to mild pneumonia

**SEVERE:**
Patients have severe difficulty breathing, low oxygen levels and >50% lung involvement on imaging

**CRITICAL:**
Patients can have respiratory failure, shock and multi-organ system dysfunction

- **Mild to Moderate (81%)**
- **Severe (14%)**
- **Critical (5%)**
Prevention of COVID-19

Wash your hands often and carefully with soap and water or clean with an alcohol-based hand rub with 60-80% alcohol content (ethanol or isopropanol).

Cough or sneeze into your elbow or sleeve if tissue is not available.

Keep at least 2 metres (6 feet) away from persons that do not live in your household.

If you have fever, cough and difficulty breathing, seek medical attention early and share previous travel history.

If you develop symptoms, stay home. Avoid public transport and public spaces. Seek medical care.

Use face masks when applicable, e.g. when visiting the grocery or market.
Limit face to face contact with persons outside of your household in order to stop or slow down the spread of COVID-19 in the community.

Keep a distance of 6 feet or 2 metres from persons who do not live in your household.

Remain physically and socially connected to family and loved ones that live in your household.

Connect virtually with friends and loved ones outside of the household.

Social Distancing means Physical Distancing in Public Spaces.
Stay Updated with CARPHA!

For more information on CARPHA’s recent activities and guidelines on COVID-19, please access Situation Report 82 - August 12 2020 by clicking here.

Stay updated with the Caribbean Public Health Agency. Follow us on our social media platforms!

@carpha1  @carpha1  @CARPHA1  @(CARPHA)  @CARPHACampus

Be sure to visit www.carpha.org for more information on COVID-19, including all technical guidance documents.
Instructions for Sharing:

- Go to the Communication materials on CARPHA’s website
- Click on the infographic you want to share. You should now be able to see the PDF document of the infographic online on your phone.
- On the bottom pane, select the share button (looks like a box with an arrow pointing upwards).
- Select Whatsapp or whichever option you prefer.

Instructions for Printing:

- Download SitRep Infographic.
- Open on Adobe Reader.
- Click on File (on the bar at the top of the page).
- Select Print from the drop down menu.
- When the Print page comes up, select Fit under the Page Handling and Sizing section.
- Then, click Print.

Please feel free to share these messages!