COVID-19 Guidelines for Workers in the Manufacturing Sector

Safety at Work

- Avoid large gatherings. Stay 6 feet apart!
- Limit the number of persons in a vehicle
- Avoid gatherings e.g. in car parks, check-in areas, etc.
- Keep at least 6 feet or 2 metres from others

Michelle’s Manufacturing

- Distance yourself from other workers by using shields and screens
- Use your own tools and equipment as much as possible
- Limit the amount of persons in your workstation

- Stay at home if you are sick
- Choose flexible work hours, e.g. staggered shifts, and rotations
- Reschedule visits that are not needed

Work Log Sheets
COVID-19 Guidelines for Workers in the Manufacturing Sector

Hygiene and Sanitation

- Please wash hands before entering.
- Clean hands with soap and water or an alcohol-based hand sanitiser with 60 - 80 % alcohol content (ethanol or isopropanol).
- Clean your hands properly before entering work, and often throughout the day, e.g. before breaks and at shift changes.
- Safely dispose of used cleaning wipes and Personal Protective Equipment (PPE), e.g. disposable masks and gloves, in a bin.

Lunch Room

- Follow hygiene and health instructions and signs.
- Clean and disinfect tools and other high-touch areas often.
- Use fresh air when possible.
- Cover coughs and sneezes - cough and sneeze into your bent arm or use a tissue.
- Dispose of single-use gloves and masks.
Personal Protective Equipment (PPE)

- Wear face masks that cover your nose and mouth
- Always wear the appropriate PPE (based on type of work) properly
- Use suitably fitted PPE and refit them from time to time, e.g. respirators
- Remove, clean, store or dispose of PPE properly
- Do not share or take home used PPE

Communication and Information

- Read and understand COVID-19 signs and recommendations for the workplace
- Know how to properly put on, use, remove, and maintain PPE
- Keep updated with information from reliable sources e.g. Caribbean Public Health Agency (CARPHA) or World Health Organization (WHO)

References:


www.carpha.org